Change Your Words and Change Your Mindset

I don't to it well.
What am I missing

This is done well enough.
Does this represent my best work?

I will never do it like they do.
What can I learn from them?

I can't do it.
I am going to train myself to do it.

I do this very well.
I'm on the right path.

I give up.
I'm going to use the strategies that I learned.

I made a mistake.
Mistakes help me to learn better.

It can't be better.
What can I improve?

It's too hard.
I need more time and effort.